

# Highlands Church Well Beings Community Resource List

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## Psychiatrists:

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**Maureen Davis, Psychiatric Nurse**  
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## Recovery Resources:

Alcoholics Anonymous 303.322.4440

Al-Anon and Alateen 303.321.8788

Narcotics Anonymous 303.832.3784

Nar Anon 800.477.6291

Overeaters Anonymous 720.443.3676

Gamblers Anonymous 855.222.5542

Codependents Anonymous 303.592.3936

Sex Addicts Anonymous 303.847.4980

LifeRing (non 12-Step support group for persons in recovery) 303.514.4778

Celebraterecovery.com to find Christ centered recovery groups within metro area

### Support Groups that meet at the Holiday Theatre (not affiliated with church):

Al-Anon • Tues, 6:30-7:30 pm

Alcoholics Anonymous •  
Wed, 7:30-8:30 pm